# 18-ULTRALJUD

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## Allmänt

[POCUS-akademin](https://www.pocusakademin.se/)

* Metodhandbok för PoCUS från Skånes universitetssjukhus

[POCUS 101](https://www.pocus101.com/)

* [Basic Principles of Ultrasound Physics and Artifacts Made Easy - POCUS 101](https://www.pocus101.com/basic-principles-of-ultrasound-physics-and-artifacts-made-easy/)

[UltrasoundBox](https://ultrasoundbox.com/)

* Övningar för bedömning av fynd

[The POCUS Atlas](https://www.thepocusatlas.com/)

* Samling av blandade patologiska fynd

<https://rk.md/tag/ultrasound/>

* Samling av blandade patologiska fynd

[POCUS – Ultraljudsutbildning — akuten.li](https://akuten.li/pocus-ultraljudsutbildning/)

[Emergency Ultrasound Teaching](https://emergencyultrasoundteaching.com/)

* Stor samling av föreläsningar

[5 Minute Sono - Core Ultrasound](https://coreultrasound.com/5ms/)

- Videosamling med det mesta inom PoCUS

[Ultrasound Library Archives • LITFL](https://litfl.com/category/ultrasound-library/)

* Samling av patologi och undersökningsteknik

[Airway Ultrasound • LITFL • CCC](https://litfl.com/airway-ultrasound/)

[Ultrasound Library • LITFL](https://litfl.com/ultrasound-library/)

[POCUS Made easy • LITFL • Ultrasound Library](https://litfl.com/pocus-made-easy/)

## Protokoll

2023 [POCUS Made Easy: RUSH protocol • LITFL • Ultrasound Library](https://litfl.com/pocus-made-easy-rush-protocol/)

2023 [POCUS Made Easy: eFAST • LITFL • Ultrasound Library](https://litfl.com/pocus-made-easy-efast/)

[EFAST Ultrasound Exam Made Easy: Step-by-Step Guide](https://www.pocus101.com/efast-ultrasound-exam-made-easy-step-by-step-guide/)

[Ultraljud buk - eFAST - Narkosguiden](https://narkosguiden.se/kapitel/ultraljud-buk/)

[RUSH Exam Ultrasound Protocol: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/rush-exam-ultrasound-protocol-step-by-step-guide/)

## Hjärta

2023 [POCUS Made Easy: Basic Echo - Ultrasound Library](https://litfl.com/pocus-made-easy-basic-echo/)

2020 [Ultrasound FATE(Focused assessed transthoracic echo)](https://www.youtube.com/watch?v=EQdUaAyv4OI)

[Cardiac Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/cardiac-ultrasound-echocardiography-made-easy-step-by-step-guide/)

[The D Sign - Right Heart Strain from Pressure vs Volume Overload - POCUS 101](https://www.pocus101.com/the-d-sign-right-heart-strain-from-pressure-vs-volume-overload/)

[Ultraljud hjärta (Ekokardiografi/UCG) och FATE - Narkosguiden](https://narkosguiden.se/kapitel/ultraljud-hjarta/)

[ECHO academy](https://www.pragueicu.com/education/echo-academy) - PragueICU

## Lungor

2023 [POCUS Made Easy: Lung - Ultrasound Library](https://litfl.com/pocus-made-easy-lung/)

[Lung Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/lung-ultrasound-made-easy-step-by-step-guide/)

[Ultraljud - lungor och thorax - Narkosguiden](https://narkosguiden.se/kapitel/ultraljud-lungor-och-thorax/)

## Kärl

2023 [POCUS Made Easy: AAA - Ultrasound Library](https://litfl.com/pocus-made-easy-aaa/)

2023 [POCUS Made Easy: DVT - Ultrasound Library](https://litfl.com/pocus-made-easy-dvt-exam/)

[Aorta Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/aorta-ultrasound-made-easy-step-by-step-guide/)

[DVT Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/dvt-ultrasound-made-easy-step-by-step-guide/)

## Buk/bäcken

[Abdominal Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/abdominal-ultrasound-made-easy-step-by-step-guide/)

[POCUS Made Easy: Gallbladder - Ultrasound Library](https://litfl.com/pocus-made-easy-gallbladder/)

[Bladder Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/bladder-ultrasound-made-easy-step-by-step-guide/)

[Renal Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/renal-ultrasound-made-easy-step-by-step-guide/)

[POCUS Made Easy: Renal - Ultrasound Library](https://litfl.com/pocus-made-easy-renal/)

[Gastric Ultrasound | Show me the POCUS](https://www.showmethepocus.com/gastric)

## Gynekologi/Obstetrik

[Gynecology/Pelvic Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/gynecology-pelvic-ultrasound-made-easy-step-by-step-guide/)

[Obstetric/OB Ultrasound Made Easy: Step-By-Step Guide - POCUS 101](https://www.pocus101.com/obstetric-ob-ultrasound-made-easy-step-by-step-guide/)

## Mjukdelar

2023 [POCUS: Soft tissue ultrasound • LITFL • Medmastery Podcast](https://litfl.com/pocus-soft-tissue-ultrasound/)

2020 [Skin and Soft Tissue Infections: A PoCUS Guided Approach](https://sjrhem.ca/skin-and-soft-tissue-infections-a-pocus-guided-approach/)

2019 [POCUS - Soft Tissue Ultrasound - Abscess](https://www.youtube.com/watch?v=BoOK3BB1x1c)

2016 Chen [An overview of point-of-care ultrasound for soft tissue and musculoskeletal applications in the emergency department](https://jintensivecare.biomedcentral.com/articles/10.1186/s40560-016-0173-0)

[Soft Tissue Image Gallery — TPA](https://www.thepocusatlas.com/softtissue-2)