**PRETEST 12: NEDRE EXTREMITET, BÄCKEN & RYGG**

Version 230903

# Rygg

[2006 Winters Back pain emergencies](https://pubmed.ncbi.nlm.nih.gov/16473102/)

[2012 EMC Episode 26 – Low Back Pain Emergencies](https://emergencymedicinecases.com/episode-26-low-back-pain-emergencies/)

[2018 Horwath ABC om Smärta i nacken och ryggen Del 1](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2018/08/smarta-i-nacke-och-rygg-del-1/)

[2018 Horwath ABC om Smärta i nacken och ryggen Del 2](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2018/08/smarta-i-nacke-och-rygg-del-2/)

[2019 Fridén Spinal infektion med ryggmärgs­påverkan kräver snabba åtgärder](https://lakartidningen.se/klinik-och-vetenskap-1/artiklar-1/originalstudie/2019/11/spinal-infektion-med-ryggmargspaverkan-kraver-snabba-atgarder/)

[2021 Hallsten ABC om Traumatiska halsryggsskador](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2021/09/abc-om-traumatiska-halsryggsskador/)

# Höft

[2017 Hakopian ABC om Höftfraktur](https://lakartidningen.se/wp-content/uploads/EditorialFiles/HE/%5BEDHE%5D/EDHE.pdf)

[2019 O'Reilly Fascia iliaca compartment block](https://pubmed.ncbi.nlm.nih.gov/33456890/)

[2022 Lindman ABC om Höftsmärta hos vuxna Del 1 LT](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2022/10/abc-om-hoftsmarta-hos-vuxna-2/)

[2022 Lindman ABC om Höftsmärta hos vuxna Del 2 LT](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2022/10/abc-om-hoftsmarta-hos-vuxna/)

[2023 Hasselquist ABC om Höftfysiolys hos barn](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2023/04/abc-om-hoftfyseolys-hos-barn/)

[Avila Fascia iliaca compartment block](https://www.coreultrasound.com/fascia-iliaca-nerve-block/)

[Sonosite Ultrasound-Guided Femoral Nerve Block](https://youtu.be/5ht_N8j2KL8)

[Atchabahian Ultrasound-guided femoral nerve block](https://www.nysora.com/techniques/lower-extremity/ultrasound-guided-femoral-nerve-block/)

[SWESEM Femoralnerv-/Fascia iliaca blockad](https://slf.se/swesem/app/uploads/2023/04/Femoralnervblockad-kompetensdokument-230413.pdf)

[2018 Core EM Episode 128.0 - Hip Dislocations](https://coreem.net/podcast/episode-128-0/)

[SWESEM Höftlux, reponering](https://slf.se/swesem/app/uploads/2023/04/H%C3%B6ftlux-reponering-230413.pdf)

# Knä

[2007 Good ABC om Akuta knäskador](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2007/08/akuta-knaskador/)

[2017 EMC Cases Occult Knee Injury Pearls and Pitfalls](https://emergencymedicinecases.com/occult-knee-injuries/)

[2019 Ma Knee arthrocentesis Using point-of-care ultrasound for guidance](https://www.youtube.com/watch?v=6ZULxKVAjs0)

[2022 Kaarre ABC om Meniskskador Del 1](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2022/06/abc-om-meniskskador/)

[2022 Kaarre ABC om Meniskskador Del 2](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2022/06/abc-om-meniskskador-2/)

[2022 Kaarre ABC om Patellaluxationer](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2022/05/abc-om-patellaluxationer/)

[MD Calc Ottawa Knee Rules](https://www.mdcalc.com/calc/368/ottawa-knee-rule)

[SWESEM Artrocentes](https://slf.se/swesem/app/uploads/2019/03/artrocentes-160831.pdf)

**Underben**

[Internetmedicin—Tibiasfraktur, distal, hos vuxna](https://www.internetmedicin.se/behandlingsoversikter/ortopedi-frakturer/tibiafraktur-distal-hos-vuxna/)

[2015 Gustavsson ABC om Akut ruptur av akillessenan](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2015/03/akut-ruptur-av-akillessenan/)

[Maisonneuve fraktur](https://en.wikipedia.org/wiki/Maisonneuve_fracture)

[Pilon fraktur](https://orthoinfo.aaos.org/en/diseases--conditions/pilon-fractures-of-the-ankle/)

[Internetmedicin—Fotledsfraktur, hos vuxna](https://www.internetmedicin.se/behandlingsoversikter/ortopedi-frakturer/fotledsfraktur-hos-vuxna/)

**Fotled**

[Internetmedicin: Fotledsfraktur, hos vuxna](https://www.internetmedicin.se/behandlingsoversikter/ortopedi-frakturer/fotledsfraktur-hos-vuxna/)

[2014 Hagelqvist ABC om Fotledsdistorsion](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2014/02/fotledsdistorsion/)

[MD Calc Ottawa Ankle Rules](https://www.mdcalc.com/calc/1670/ottawa-ankle-rule)

**Fot**

[2022 Schoug ABC om Charcotfot](https://lakartidningen.se/klinik-och-vetenskap-1/medicinens-abc/2022/09/abc-om-charcotfot/)

[Chopards led](https://www.physio-pedia.com/Chopart_fracture-dislocation)

[Lisfrancs led](https://en.wikipedia.org/wiki/Lisfranc_injury)

[Jones fraktur](https://en.wikipedia.org/wiki/Jones_fracture)

**Allmänt**

[2014 Cheng EMC Episode 52 – Commonly Missed Uncommon Orthopedic Injuries](https://emergencymedicinecases.com/episode-52-commonly-missed-uncommon-orthopedic-injuries/)

[2015 EMC Episode 58: Tendons and Ligaments – Commonly Missed Uncommon Orthopedic Injuries Part 2](http://emergencymedicinecases.com/episode-58-tendons-ligaments-missed-orthopedic-injuries/)